

# GAME DAY



VS  5 PM  
David Atkinson Gym

Official game program of the MacEwan University Griffins volleyball teams

Jan. 23, 2026



**KAITLIN ROLPH**



**SOLOMON FLINDALL**

*Husain Dhooma photos*

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## MacEwan Griffins Women's Volleyball Roster

**Head Coach:** Chris Wandler  
**Assistant Coach:** AJ Mahoney  
**Assistant Coach:** Erinn Jacula

**Assistant Coach:** Karly Edgar  
**Strength & Conditioning:** Amber Wardro  
**Dietician:** Maddie Herbers

**Head Athletic Therapist:** Jennifer Dunn  
**Athletic Therapist:** Adrienne Dorn  
**Student Therapist:** Caitlyn Vetsch



#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
1	Ella Graves	S	5-7	1	Arts	Tees, AB	Queens VC (Lacombe Composite)
2	Kara Frith	OH	6-1	5	Commerce	Grande Prairie, AB	SPVC U18 (St. Joseph's)
3	Kaitlin Rolph	LB	5-10	2	Arts	Stony Plain, AB	NAVC (Strathcona)
4	Sofie Moore	S	5-10	1	Arts	Sherwood Park, AB	Pandas U18 (Salisbury)
5	Chloe Penz	OH	5-9	1	Science	Red Deer, AB	Queens VC (Lindsay Thurber)
6	Arden Butler	OH	6-0	5	Arts	Edmonton, AB	Pandas U18 (Harry Ainlay)
7	Anna Von Krosigk	OH	6-1	3	Science	Kelowna, BC	Douglas College (Okanagan Mission)
8	Ella Black	LB	5-8	3	Science	Red Deer, AB	Notre Dame
9	Payton Shimoda	S	5-8	5	Commerce	Edmonton, AB	Pandas U18 (Harry Ainlay)
10	Anika Buys	MB	6-2	2	Design Studies	Niverville, MB	Winnipeg Cobras (Niverville)
11	Bára Hodánová	OH	6-1	1	Arts	Bratislava, Slovakia	SSS Volejbal Nitra (Projekt RD SVF)
13	Alana Murr	MB	6-2	3	Commerce	Victoria, BC	Douglas College (Oak Bay)
14	Addison Piekema	OH	6-0	1	Arts	Lethbridge, AB	Lethbridge VC (Leth Collegiate)
15	Alyssa Piekema	OH	6-0	1	Arts	Lethbridge, AB	Lethbridge VC (Leth Collegiate)
16	Lauren Walker	MB	6-0	1	Science	Edmonton, AB	NAVC (Austin O'Brien)
17	Alyshia Bryks	OH	5-11	5	Science	Andrew, AB	Pandas U18 (Lamont)
18	Rebecca Thiem	MB	6-1	3	Science	Okotoks, AB	St. Johns River State (Holy Trinity)
19	Mienke Olsen	MB	6-3	1	Arts	Calgary, AB	Dinos VC (Robert Thirsk)

## Meet the Griffins



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**ANIKA  
BUYS**

**Favourite place to play in CW:** Manitoba at home

**Pump-up song:** Anne Hathaway - Hot Wings (I wanna party)

**Pre-game meal:** Chicken wrap

**Hidden talent:** I can make animal noises

**If not v-ball, which sport?** Track & Field

**If you could travel anywhere for volleyball where would you go?** South Europe

**Fave memory?** Winning provincials in H.S.



**SOFIE  
MOORE**

**Pump-up song:** Kendrick Lamar - King Kunta

**Pre-game meal:** Chicken alfredo pasta

**If you weren't playing volleyball, which sport would you play?** Dancing

**If you could travel anywhere for volleyball where would you go?** Europe

**Favourite volleyball memory?** Winning the city championship in high school

# Manitoba Bisons Women's Volleyball Roster



**Head Coach:** Ken Bentley  
**Assistant Coach:** Julie Trommel  
**Assistant Coach:** Jim Grape  
**Assistant Coach:** Mike Hamm

**Assistant Coach:** Parker Rempel  
**Assistant Coach:** Joe Moore  
**Strength & Conditioning:** Cole Scheller  
**Sport Dietician:** Janelle Vincent

**Head Athletic Therapist:** Lori Giasson  
**Student Therapist:** Jyra Geronimo  
**Student Therapist:** Pelumi Ogunleye

#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
1	Bethany Carter	LS/M	6'1"	1	Kinesiology & Rec Mgmt.	Il Des Chenes, MB	204 VC (Ecole Gabrielle Roy)
2	Addisen Neill	LB	5'5"	1	University I	Flin Flon, MB	Wolfpack Volleyball Club (Hapnot)
3	Delaney Groot	LS	6'0"	1	Science	Headlingey, MB	Junior Bisons (Westwood)
4	Ella Gurr	S	5'7"	1	Music	Hamiota, MB	ACC Cougars (Hamiota)
5	Jersey Hansen-Young	LS	6'1"	1	Agriculture & Food Science	Brandon, MB	Club West Rage (Vincent Massey)
6	Julia Martens	S	5'7"	1	Science	Winnipeg, MB	Junior Bisons (Westgate)
7	Ella Gray	RS	6'0"	5	Arts	Surrey, BC	Team Canada NextGen (Semiahmoo)
10	Chelsea Siebenga	RS	6'0"	4	Arts	Ancaster, ON	Mountain VC (Hamilton Christian)
11	Devon Hildebrand	LS	5'10"	1	Arts	Vernon, BC	Sky Volleyball Club (Vernon)
12	Naomie Teixeira	M	6'2"	1	University I	Winnipeg, MB	Junior Bisons (Glenlawn)
13	Andi Almonte	LS	5'7"	5	Business	Winnipeg, MB	Team Manitoba (Oak Park)
14	Lucy Jürgensen	RS	6'1"	1	University I	Norge, Norway	Juniorlandslaget Norge U 20
15	Sophie Ince	M	6'1"	1	Business	Fredericton, NB	Reds Volleyball Club (Leo Hayes)
17	Aviendah Plett	M	6'1"	4	Agriculture & Food Sciences	Landmark, MB	Cobras (Landmark Collegiate)
20	Elia Falcone	S	5'9"	5	Business	Calgary, AB	SAIT Trojans (All Saints)
21	Kameryn Vanwallegham	RS	6'2"	2	Architecture	Sudbury, ON	Northern Chill (Lo-Ellen Park)
23	Eve Catojo	M	6'1"	5	Environment, Earth, Res.	Winnipeg, MB	Shock Volleyball Club (Sisler)
24	Alexandria Haip	M	6'2"	2	Engineering	Winnipeg, MB	Junior Bisons (Collège Bélieveu)
25	Raya Surinx	LS	6'0"	4	Science	Winnipeg, MB	Team Canada NextGen (JH Bruns)
27	Brenna Bedosky	M	6'1"	5	Arts	Winnipeg, MB	Junior Bisons (Collège Jeanne-Sauvé)

# CANADA WEST



## 2025-26 STANDINGS (prior to weekend)

	GP	W	L	SF	SA	P
Alberta Pandas	14	12	2	40	12	37
Thompson Rivers WolfPack	14	11	3	37	13	33
UBC Thunderbirds	14	11	3	38	20	32
Manitoba Bisons	14	10	4	31	19	29
Trinity Western Spartans	14	9	5	31	20	26
Saskatchewan Huskies	16	9	7	32	28	25
UFV Cascades	12	7	5	24	22	21
Calgary Dinos	14	6	8	23	29	17
Winnipeg Wesmen	14	5	9	22	30	17
UBC Okanagan	14	5	9	24	33	16
MacEwan Griffins	14	5	9	23	33	16
Regina Cougars	14	4	10	16	33	11
Mount Royal Cougars	14	2	12	15	37	8
Brandon Bobcats	14	2	12	12	39	6

x- Top 10 teams make the playoffs; points break ties

### FRIDAY-SATURDAY

Manitoba at MacEwan; Regina at Brandon; Winnipeg at Alberta; Trinity Western at UBC Okanagan; UFV at Thompson Rivers; UBC at Calgary



### MacEwan Griffins

Last: L, 3-1 at UBC

Team stats (prior to weekend)

Points/set: 13.9 (112th)

Kills/set: 10.39 (12th)

Hitting %: .152 (12th)

Aces/set: 1.41 (13th)

Digs/set: 11.55 (12th)

Blocks/set: 2.05 (6th)

Individual (prior to weekend)

Sets: Six tied with (56)

Kills: Kara Frith (186)

Hit%: Anika Buys (.291)

Assists: Payton Shimoda (456)

Aces: Kara Frith (16)

Digs: Kaitlin Rolph (181)

Rec.: Kaitlin Rolph (329)

Blocks: Anika Buys (65)

Points: Kara Frith (213.5)



### Manitoba Bisons

Last: W, 3-1 vs. Saskatchewan

Team stats (prior to weekend)

Points/set: 15.8 (5th)

Kills/set: 11.78 (5th)

Hitting %: .243 (3rd)

Aces/set: 1.78 (10th)

Digs/set: 13.16 (6th)

Blocks/set: 2.21 (3rd)

Individual (prior to weekend)

Sets: Raya Surinx, Chelsea

Siebenga, Eve Catojo (50)

Kills: Raya Surinx (216)

Hit%: Eve Catojo (.360)

Assists: Julie Martens (378)

Aces: Raya Surinx (37)

Digs: Chelsea Siebenga (155)

Rec.: Chelsea Siebenga (307)

Blocks: Eve Catojo (68)

Points: Raya Surinx (266.5)

# NEXT HOME ACTION



Jan. 24  
3 PM



# MacEwan Griffins Men's Volleyball Roster

**Head Coach:** Brad Poplawski  
**Assistant Coach:** Patrik Zimmerman  
**Strength & Conditioning:** Amber Wardrop

**Dietician:** Maddie Herbers  
**Student Therapist:** Steven Luong

**Head Athletic Therapist:** Jennifer Dunn  
**Athletic Therapist:** Adrienne Dorn  
**Athletic Therapist:** Paul Trevor



#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
1	Kenneth Ang	S	5-9	4	Arts	Edmonton, AB	Georgian Grizzlies (Holy Trinity)
2	Bryce Telford	OH	6-3	1	Commerce	Fort St. John, BC	(North Peace Secondary)
4	Solomon Flindall	LB	6-0	1	Science	St. Albert, AB	NAVC (St. Albert Catholic)
5	Chanho Park	MB	6-4	1	Science	Edmonton, AB	Park Elite Black (Strath. Christian)
6	Jarod Robert	OH	6-1	4	Business Management	Mount Maunganui, NZ	NAIT (Hillcrest High School)
7	Daylan Laszlo	OH	6-7	2	Arts	Chilliwack, BC	Junior Cascades (G.W. Graham)
8	Lincoln Pinchuk	S	6-2	1	Commerce	Fort Saskatchewan, AB	Park Elite (Strathcona Christian)
9	Austin Ly	LB	5-11	4	Phys-Ed Transfer	Edmonton, AB	Red Deer College (Louis St. Laurent)
10	Seth Birkholz	MB	6-7	4	Commerce	Edmonton, AB	FOG (Strathcona)
11	Fabian Breitenbach	OH	6-5	1	Commerce	Stuttgart, GER	ASV Botnang (Fanny-Leicht)
12	Thomas Froberg	MB	6-5	3	Science	Edmonton, AB	FOG (Ross Sheppard)
13	Keegan Hanrahan	MB	6-7	2	Commerce	Edmonton, AB	UFV (M.E. LaZerte)
15	Spencer Loucks	MB	6-7	4	Commerce	Calgary, AB	SAIT (Ernest Manning)
17	Luigi Ehui	MB	6-4	1	Physical Therapy	Milan, ITA	Concordia University (Ecole Boréale)
18	Ethan Pavone	OH	6-2	1	Commerce	St. Albert, AB	FOG Gold (St. Albert Catholic)
22	Brendon Lord	OH	6-4	3	Arts	Sherwood Park, AB	Thompson Rivers (A'bishop Jordan)

## Meet the Griffins



**THOMAS FROBERG**

**Favourite place to play in CW:** Home gym  
**Pump-up song:** Howlin' Wolf - Woke up this morning  
**Pre-game meal:** Chicken and rice  
**Hidden talent:** I'm really good at mobile games  
**If not v-ball, which sport?** golf  
**If you could travel anywhere for volleyball where would you go?** Poland  
**Favourite volleyball memory?** Winning third at provincials my senior year at Ross Shepp



**ETHAN PAVONE**

**Favourite place to play in Canada West:** Home  
**Pump-up song:** Drake, Kanye West, Lil Wayne, Eminem - Forever  
**Pre-game meal:** Perogies  
**If you weren't playing volleyball, which sport would you play?** Soccer  
**If you could travel anywhere for volleyball where would you go?** Italy  
**Favourite volleyball memory?** First U SPORTS start (Nov. 7 at UBC Okanagan)

# Manitoba Bisons Men's Volleyball Roster

**Head Coach:** Arnd 'Lupo' Ludwig  
**Assistant Coach:** Mike Stephens  
**Assistant Coach:** Austin Coombes

**Strength & Conditioning:** Cole Scheller  
**Sport Dietician:** Janelle Vincent  
**Sports Psychology:** Lindsay Berard

**Head Athletic Therapist:** Lori Giasson  
**Student Therapist:** Heather MacGregor  
**Student Therapist:** Hailey Eidse



#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
2	Benjamin Kuhner	LS	6'5"	2	University I	Milton, ON	National Excellence (St. F Xavier)
3	Ethan Hildebrand	LS	6'5"	4	Engineering	Winnipeg, MB	204 VC (Vincent Massey)
4	Alex Witt	S	6'1"	5	Kinesiology & Rec Mgmt.	West Kelowna, BC	Columbia Bible (Mount Boucherie)
5	Josh Jehle	LB	6'0"	4	Business	St. Andrews, MB	Team Canada U21 (Lord Selkirk)
6	Travis Schroeder	S	6'5"	1	Science	Winnipeg, MB	National Excellence Program (MBCI)
7	Karil Dadash Adeh	RS	6'8"	4	Business	Oroumleh, Iran	Campbellsville University (Fazel)
8	Eric Ogaranko	LS	6'4"	5	Education	Winnipeg, MB	Junior Bisons (Vincent Massey)
9	Mitchell Strilchuk	LB	5'10"	1	Business	Winnipeg, MB	Junior Bisons (Vincent Massey)
10	Harrison Ens	M	6'4"	4	Agriculture & Food Science	Winnipeg, MB	Junior Bisons (Westgate)
11	Kai Boyko	LS	6'5"	3	Environment, Earth Res.	Winnipeg, MB	Team Canada U21 (Oak Park)
12	Christopher Redmann	M	6'8"	1	University I	Winnipeg, MB	WinMan Clutch (Dakota)
14	Sammy Ludwig	S	6'5"	4	Science	Winnipeg, MB	Team Canada U21 (Westgate)
15	Rowan Krahn	LS	6'2"	3	Business	East St. Paul, MB	Junior Bisons (Westgate)
16	Spencer Grahame	LS	6'6"	5	Engineering	Selkirk, MB	Team Canada U21 (Lord Selkirk)
17	Jordon Heppner	M	6'6"	4	Kinesiology & Rec Mgmt.	Steinbach, MB	Junior Bisons (Steinbach)
18	Jonah Dueck	M	6'7"	5	Engineering	Rosenort, MB	Team Canada U21 (Rosenort)
19	Nicoles Carter	RS	6'9"	3	Kinesiology & Rec Mgmt.	Il des Chenes, MB	Winnipeg Wesmen (Gabriel Roy)
20	Isaac McComb	M	6'8"	1	Science	Calgary, AB	Spartans VC (J. Cardinal-Schubert)
22	Tyson Nachtigall	M	6'6"	5	Business	Winnipeg, MB	Briercrest Clippers (River East)
23	Owen Weekes	LS/RS	6'8"	2	University I	Winnipeg, MB	Team Canada U21 (Vincent Massey)

# CANADA WEST



## 2025-26 STANDINGS

(Prior to weekend)

	GP	W	L	SF	SA	P
UBC Thunderbirds	14	13	1	41	10	39
UBC Okanagan Heat	14	13	1	40	14	36
Trinity Western Spartans	14	12	2	39	16	34
Alberta Golden Bears	12	8	4	28	16	25
Winnipeg Wesmen	14	8	6	31	22	24
Manitoba Bisons	14	8	6	32	24	24
Saskatchewan Huskies	16	7	9	30	33	22
Mount Royal Cougars	14	6	8	24	31	18
Calgary Dinos	14	6	8	21	28	18
Brandon Bobcats	14	5	9	21	29	15
Thompson Rivers WolfPack	14	4	10	20	36	13
MacEwan Griffins	14	0	14	6	42	2
UFV Cascades	12	0	12	4	36	0

x- Top 10 teams make the playoffs; points break ties

### FRIDAY-SATURDAY

Manitoba at MacEwan; UBC at Calgary; Winnipeg at Alberta; UFV at Thompson Rivers; Trinity Western at UBC Okanagan



## MacEwan Griffins

Last: L, 3-0 at UBC

Team stats (prior to weekend)

**Points/set:** 10.5 (13th)  
**Kills/set:** 8.17 (13th)  
**Hitting %:** .114 (13th)  
**Aces/set:** 0.58 (13th)  
**Digs/set:** 6.73 (13th)  
**Blocks/set:** 1.72 (11th)  
**Individual (prior to weekend)**  
**Sets:** Spencer Loucks, Solomon Flindall (46)  
**Kills:** F. Breitenbach (102)  
**Hit%:** Seth Birkholz (.293)  
**Assists:** Kenneth Ang (202)  
**Aces:** Kenneth Ang (272)  
**Digs:** Kenneth Ang (61)  
**Rec.:** Solomon Flindall (270)  
**Blocks:** Seth Birkholz (32)  
**Points:** F. Breitenbach (115.0)



## Manitoba Bisons

Last: W, 3-2 vs. Saskatchewan

Team stats (prior to weekend)

**Points/set:** 15.2 (5th)  
**Kills/set:** 11.25 (8th)  
**Hitting %:** .267 (5th)  
**Aces/set:** 1.43 (6th)  
**Digs/set:** 8.59 (6th)  
**Blocks/set:** 2.60 (2nd)  
**Individual (prior to weekend)**  
**Sets:** Josh Jehle, Jordon Heppner, Jonah Dueck (56)  
**Kills:** Owen Weekes (169)  
**Hit%:** Heppner, Dueck (.434)  
**Assists:** Sammy Ludwig (300)  
**Aces:** Jordon Heppner (19)  
**Digs:** Josh Jehle (108)  
**Receptions:** Josh Jehle (256)  
**Blocks:** Jonah Dueck (65)  
**Points:** Owen Weekes (204.5)

# NEXT HOME ACTION



Jan. 24  
**4:30 PM**

