

# GAME DAY



VS



3 PM

David Atkinson Gym

Official game program of the MacEwan University Griffins volleyball teams

Nov. 15, 2025



**BRENDON LORD**



**KARA FRITH**

*Husain Dhooma photos*

The MacEwan Griffins would like to thank the following sponsors



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## MacEwan Griffins Women's Volleyball Roster

**Head Coach:** Chris Wandler  
**Assistant Coach:** AJ Mahoney  
**Assistant Coach:** Erinn Jacula

**Assistant Coach:** Karly Edgar  
**Strength & Conditioning:** Amber Wardro  
**Dietician:** Maddie Herbers

**Head Athletic Therapist:** Jennifer Dunn  
**Athletic Therapist:** Adrienne Dorn  
**Student Therapist:** Caitlyn Vetsch



#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
1	Ella Graves	S	5-7	1	Arts	Tees, AB	Queens VC (Lacombe Composite)
2	Kara Frith	OH	6-1	5	Commerce	Grande Prairie, AB	SPVC U18 (St. Joseph's)
3	Kaitlin Rolph	LB	5-10	2	Arts	Stony Plain, AB	NAVVC (Strathcona)
4	Sofie Moore	S	5-10	1	Arts	Sherwood Park, AB	Pandas U18 (Salisbury)
5	Chloe Penz	OH	5-9	1	Science	Red Deer, AB	Queens VC (Lindsay Thurber)
6	Arden Butler	OH	6-0	5	Arts	Edmonton, AB	Pandas U18 (Harry Ainlay)
7	Anna Von Krosigk	OH	6-1	3	Science	Kelowna, BC	Douglas College (Okanagan Mission)
8	Ella Black	LB	5-8	3	Science	Red Deer, AB	Notre Dame
9	Payton Shimoda	S	5-8	5	Commerce	Edmonton, AB	Pandas U18 (Harry Ainlay)
10	Anika Buys	MB	6-2	2	Design Studies	Niverville, MB	Winnipeg Cobras (Niverville)
11	Bára Hodánová	OH	6-1	1	Arts	Bratislava, Slovakia	SSS Volejbal Nitra (Projekt RD SVF)
13	Alana Murr	MB	6-2	3	Commerce	Victoria, BC	Douglas College (Oak Bay)
14	Addison Piekema	OH	6-0	1	Arts	Lethbridge, AB	Lethbridge VC (Leth Collegiate)
15	Alyssa Piekema	OH	6-0	1	Arts	Lethbridge, AB	Lethbridge VC (Leth Collegiate)
16	Lauren Walker	MB	6-0	1	Science	Edmonton, AB	NAVVC (Austin O'Brien)
17	Alyshia Bryks	OH	5-11	5	Science	Andrew, AB	Pandas U18 (Lamont)
18	Rebecca Thiem	MB	6-1	3	Science	Okotoks, AB	St. Johns River State (Holy Trinity)
19	Mienke Olsen	MB	6-3	1	Arts	Calgary, AB	Dinos VC (Robert Thirsk)



## Meet the Griffins



**KAITLIN ROLPH**

**Favourite place to play in CW:** Home gym  
**Pump-up song:** Cody Johnson - Welcome to the Show  
**Pre-game meal:** Chicken, rice & peas  
**Hidden talent:** I can do a pistol squat with both legs  
**If not vball, which sport?** Barrel racing  
**If you could travel anywhere for volleyball where would you go?** Japan  
**Memory?** Fifth set win vs. Dinos last year

# Mount Royal Cougars Women's Volleyball Roster



**Head Coach:** Rhonda Schmuland  
**Assistant Coach:** Julia Kryzan  
**Assistant Coach:** Brianna Horton  
**Assistant Coach:** Haley Roe

**Assistant Coach:** Maddy Marshall  
**Assistant Coach:** Sarah McKillican  
**Assistant Coach:** Rod Walsh  
**Strength & Conditioning:** Michelle Jang

**Head Athletic Therapist:** Joel Martens  
**Student Therapist:** Alyssa Tran  
**Student Therapist:** Kathleen Chavarria  
**Mental Performance Consultant:** Natalie Doucette

#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
1	Paige Davidson	LB	5-4	4	Phys Ed	Campbell River, BC	Wave Volleyball Club
2	Megan Jones	OH	5-11	4	Business	Coquitlam, BC	Douglas College
3	Mya Morgan	MB	5-11	5	Arts	Winnipeg, MB	Westwood Warriors
4	Faith Obasi	MB	6-0	3	Phys Ed	Calgary, AB	Notre Dame High School/Team AB
5	Taryn Sieben	S	5-11	2	Business	Cochrane, AB	Cochrane High School
6	Awien Ngor	OH	6-0	2	Phys Ed	Grande Prairie, AB	Team Alberta UI7
7	Marie Leggett	S	5-10	4	Communications	North Vancouver, BC	Team Canada - Maccabiah Games
8	Aleni Tsougrianis	LB	5-8	1	Science	Swift Current, SK	Swift Current Ardens Volleyball
9	Aurora Bentrin	OH	5-10	4	Science	Calgary, AB	SAIT Trojans
10	Sydney Scatcherd	OH	6-1	4	Education	London, ON	Forrest City Volleyball Club
11	Grace Coulter	OH	5-9	4	Communications	Calgary, AB	SAIT Trojans
12	Kennedy Willisicroft	S	5-10	3	Phys Ed	West Vancouver, BC	Humber College
14	Raven Ogbodu	MB	5-10	2	Phys Ed	Edmonton, AB	Pandas Volleyball Club
15	Bronwynn Davies-Neira	OH	6-0	4	Phys Ed	Newcastle, ON	Team Ontario Black
16	Fiona Brown	LB	5-9	3	Business	Winnipeg, MB	Junior Bisons Volleyball Club
17	Reem Saif	MB	6-0	1	Phys Ed	Halifax, NS	Canuck Red UI8
18	Aleda Bondaroff	MB	6-2	1	Arts	Kelowna, BC	Kelowna Senior Secondary
RS	Norah Matthews	MB	6-0	2	Science	Lloydminster, AB	University of Saskatchewan
RS	Erika Bang	OH	6-0	3	Science	Calgary, AB	Trinity Western University

# CANADA WEST



## 2025-26 STANDINGS

	GP	W	L	SF	SA	P
Trinity Western Spartans	7	6	1	19	5	17
Saskatchewan Huskies	9	6	3	19	12	17
Thompson Rivers University WolfPack	7	5	2	18	8	16
Alberta Pandas	6	5	1	17	8	15
UBC Thunderbirds	7	5	2	18	10	15
UFV Cascades	7	4	3	14	14	12
UBC Okanagan Heat	7	3	4	12	14	9
Manitoba Bisons	5	3	2	10	9	8
Mount Royal University Cougars	5	2	3	9	10	7
MacEwan Griffins	7	2	5	9	17	7
Calgary Dinos	6	2	4	8	14	5
Regina Cougars	7	2	5	10	17	5
Winnipeg Wesmen	5	1	4	7	12	5
Brandon Bobcats	7	0	7	1	21	0

x- Top 10 teams make the playoffs; points break ties

### FRIDAY

MacEwan 3 Mount Royal 1; Manitoba 3 Brandon 0; Thompson Rivers 3 Regina 1; UBC 3 Trinity Western 1; Saskatchewan 3 Winnipeg 0; UFV 3 UBCO 1

### SATURDAY

Mount Royal at MacEwan, 3 p.m.; Manitoba at Brandon; Thompson Rivers at Regina; Winnipeg at Saskatchewan; UBCO at UFV



### MacEwan Griffins

Last game: W, 3-1 vs. MRU

2025-26 team stats

Points/set: 13.9 (13th)

Kills/set: 10.46 (10th)

Hitting %: .141 (12th)

Aces/set: 1.38 (T10th)

Digs/set: 10.73 (14th)

Blocks/set: 2.08 (5th)

2025-26 individual leaders

Sets: Six tied with (26)

Kills: Kara Frith (89)

Hit%: Anika Buys (.333)

Assists: Payton Shimoda (218)

Aces: Alyshia Bryks, Kara Frith (7)

Digs: Kaitlin Rolph (72)

Rec.: Kaitlin Rolph (156)

Blocks: Anika Buys (28)

Points: Kara Frith (101.5)



### Mount Royal Cougars

Last game: L, 3-1 at MacEwan

2025-26 team stats

Points/set: 14.3 (10th)

Kills/set: 10.42 (11th)

Hitting %: .128 (13th)

Aces/set: 1.79 (T8th)

Digs/set: 13.42 (4th)

Blocks/set: 2.11 (4th)

2025-26 individual leaders

Sets: Four tied with (19)

Kills: Sydney Scatcherd (51)

Hit%: Aurora Bentrin (.213)

Assists: Kennedy Willisicroft (143)

Aces: Mya Morgan (6)

Digs: Paige Davidson (42)

Rec.: Sydney Scatcherd (142)

Blocks: Faith Obasi (21)

Points: S. Scatcherd (61.0)

# NEXT HOME ACTION



Nov. 28  
12 PM



## MacEwan Griffins Men's Volleyball Roster

**Head Coach:** Brad Poplawski  
**Assistant Coach:** Patrik Zimmerman  
**Strength & Conditioning:** Amber Wardrop

**Dietician:** Maddie Herbers  
**Student Therapist:** Steven Luong

**Head Athletic Therapist:** Jennifer Dunn  
**Athletic Therapist:** Adrienne Dorn  
**Athletic Therapist:** Paul Trevor



#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
1	Kenneth Ang	S	5-9	4	Arts	Edmonton, AB	Georgian Grizzlies (Holy Trinity)
4	Solomon Flindall	LB	6-0	1	Science	St. Albert, AB	NAVC (St. Albert Catholic)
5	Chanho Park	MB	6-4	1	Science	Edmonton, AB	Park Elite Black (Strath. Christian)
6	Jarod Robert	OH	6-1	4	Business Management	Mount Maunganui, NZ	NAIT (Hillcrest High School)
7	Daylan Laszlo	OH	6-7	2	Arts	Chilliwack, BC	Junior Cascades (G.W. Graham)
8	Lincoln Pinchuk	S	6-2	1	Commerce	Fort Saskatchewan, AB	Park Elite (Strathcona Christian)
9	Austin Ly	LB	5-11	4	Phys-Ed Transfer	Edmonton, AB	Red Deer College (Louis St. Laurent)
10	Seth Birkholz	MB	6-7	4	Commerce	Edmonton, AB	FOG (Strathcona)
11	Fabian Breitenbach	OH	6-5	1	Commerce	Stuttgart, GER	ASV Botnang (Fanny-Leicht)
12	Thomas Froberg	MB	6-5	3	Science	Edmonton, AB	FOG (Ross Sheppard)
15	Spencer Loucks	MB	6-7	4	Commerce	Calgary, AB	SAIT (Ernest Manning)
17	Luigi Ehui	MB	6-4	1	Physical Therapy	Milan, ITA	Concordia University (Ecole Boréale)
18	Ethan Pavone	OH	6-2	1	Commerce	St. Albert, AB	FOG Gold (St. Albert Catholic)
22	Brendon Lord	OH	6-4	3	Arts	Sherwood Park, AB	Thompson Rivers (A'bishop Jordan)

## Meet the Griffins



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**LINCOLN  
PINCHUK**

**Favourite place to play in CW:** MacEwan  
**Pump-up song:** Mozart  
**Pre-game meal:** Pasta and chicken  
**Hidden talent:** Dancing  
**If not volleyball, which sport?** Mongolian sheep herding  
**If you could travel anywhere for volleyball**  
**where would you go?** Detroit  
**Favourite volleyball memory?** Winning Grade 7 MVP



**SETH  
BIRKHOLZ**

**Favourite place to play in CW:** MacEwan gym  
**Pump-up song:** The Deer - Confetti to the Hurricane  
**Pre-game meal:** Chicken Caesar wrap from Nando's  
**Hidden talent:** I can do a handstand  
**If not volleyball, which sport?** Mini golf  
**If you could travel anywhere for volleyball**  
**where would you go?** Europe  
**Favourite volleyball memory?** Winning vs. UBCO in my second year

# Mount Royal Cougars Men's Volleyball Roster



**Head Coach:** Shawn Sky  
**Assistant Coach:** Jace Richards  
**Assistant Coach:** Travis Banks  
**Assistant Coach:** Greg Barthel  
**Assistant Coach:** Jackson Brennan

**Assistant Coach:** Jarron Mueller  
**Assistant Coach:** Colton Dernan  
**Assistant Coach:** Ernie Tsu  
**Assistant Coach:** Chris Webb  
**Assistant Coach:** Jon Goldie

**Assistant Coach:** Andy Hayher  
**Strength & Conditioning:** Jack Boyle  
**Student Therapist:** Bo Li  
**Student Therapist:** Nolan D'Aoust  
**Mental Performance Consultant:** Natalie Doucette

#	Name	Pos.	Ht.	Elig.	Major	Hometown	Previous Team
1	Matthew Clements	LB	5'10	5	Business	Grande Prairie, AB	Ambrose University
2	Kale Orr	OH	6'5	1	Business	Magrath, AB	Alberta Jumblete I8
3	Isaac Karstad	MB	6'7	4	Business	Yellowknife, NT	Ambrose University
4	Grant Hill	S	6'5	3	Business	Calgary, AB	Canada U21
5	Aidan Roberts	MB	6'7	2	Phys Ed	Tauranga, New Zealand	New Zealand U19
6	Devon Sales-Parno	S	6'2	2	Science	Coldstream, BC	Kva Pack
7	Mattias Dirks	MB	6'8	2	Business	Vancouver, BC	604 Volleyball Club
8	Cody Hudson	MB	6'9	3	Business	Calgary, AB	Canada U21
10	Luke Wright	OH	6'4	1	Business	Edmonton, AB	National Excellence Program
11	Marek Janutka	LB	5'8	3	Phys Ed	Calgary, AB	YYC Eagles Volleyball Club
12	Ryan John	OH	6'6	3	Business	Calgary, AB	Canada U21
13	Leks Symes	OH	6'5	2	Phys Ed	Leduc, AB	National Excellence Program
14	Kai Toney	OH	6'3	1	Business	Winnipeg, MB	DMCI Maroons
15	Calum Stewart	OH	6'6	2	Business	Tauranga, New Zealand	New Zealand U19 Beach
16	Michael McAlpine	OH	6'7	4	Open Studies	Nepean, ON	Humber College
17	Maxim Turgeon	MB	6'5	4	Communications	Calgary, AB	Thompson Rivers University
18	Oliver Profili	OH	6'4	1	Business	Vernon, BC	KVA Pack
19	Liam Brandsma	Lb	5'10	1	Business	Edmonton, AB	Team Alberta U17

# CANADA WEST



## 2025-26 STANDINGS

	GP	W	L	SF	SA	P
Trinity Western Spartans	7	7	0	21	5	20
UBC Thunderbirds	7	6	1	20	5	19
UBC Okanagan Heat	7	6	1	19	8	17
Alberta Golden Bears	6	5	1	16	5	15
Mount Royal University Cougars	7	5	2	15	13	13
Saskatchewan Huskies	9	4	5	18	19	13
Manitoba Bisons	7	3	4	14	13	10
Brandon Bobcats	7	3	4	11	14	8
Winnipeg Wesmen	5	2	3	9	9	6
Calgary Dinos	6	2	4	7	13	6
Thompson Rivers University WolfPack	8	2	6	10	21	6
MacEwan Griffins	7	0	7	6	21	2
UFV Cascades	7	0	7	1	21	0

x- Top 10 teams make the playoffs; points break ties

## WEEKEND SCHEDULE

### FRIDAY

Mount Royal 3 MacEwan 2; Manitoba 3 Brandon 1; UBC at Trinity Western;  
 Saskatchewan 3 Winnipeg 1; UBCO 3 UFV 1; Trinity Western 3 UBC 2

### SATURDAY

Mount Royal at MacEwan, 4:30 p.m.; Manitoba at Brandon; Thompson Rivers at Regina; Winnipeg at Saskatchewan; UBCO at UFV



## MacEwan Griffins

Last game: L, 3-2 vs. MRU

2025-26 team stats

**Points/set:** 11.8 (12th)  
**Kills/set:** 9.48 (13th)  
**Hitting %:** .155 (12th)  
**Aces/set:** 0.70 (12th)  
**Digs/set:** 7.78 (9th)  
**Blocks/set:** 1.59 (12th)  
 2025-26 individual leaders  
**Sets:** Four tied with (27)  
**Kills:** Fabian Breitenbach (85)  
**Hit%:** Spencer Loucks (.431)  
**Assists:** Kenneth Ang (191)  
**Aces:** Kenneth Ang, Seth Birkholz (4)  
**Digs:** Kenneth Ang (44)  
**Rec.:** Solomon Flindall (150)  
**Blocks:** Seth Birkholz (20)  
**Points:** F. Breitenbach (93.5)



## Mount Royal Cougars

Last: W, 3-2 at MacEwan

2025-26 team stats

**Points/set:** 13.7 (11th)  
**Kills/set:** 10.32 (11th)  
**Hitting %:** .220 (9th)  
**Aces/set:** 1.04 (T9th)  
**Digs/set:** 7.79 (8th)  
**Blocks/set:** 2.46 (2nd)  
 2025-26 individual leaders  
**Sets:** Kale Orr (28)  
**Kills:** Kale Orr (89)  
**Hit%:** Cody Hudson (.333)  
**Assists:** Grant Hill (196)  
**Aces:** Kale Orr (10)  
**Digs:** Kale Orr (46)  
**Rec.:** Ryan John (142)  
**Blocks:** Cody Hudson (35)  
**Points:** Kale Orr (106.0)

# NEXT HOME ACTION



Nov. 28  
 1:30 PM

